I claim:

1. (Currently Amended) The invention relates to a protective covering that will provide a sanitary cover to aid in the prevention of the spread of viruses and bacteria among persons sharing medical, physical therapy and physical equipment, devices and accessories, allowing everyday usage of medical, physical therapy and physical exercise equipment by multiple users. The I C WRAP is composed of a 1/16 inch thick Polyethylene foam pad, backed with clear HDPE adhesive film. Producing a non-slip, equipment-contacting side, and a sanitary surface on the patient contact surface. The protective covers for use with or without being provided in a roll of covers that have perforations at predetermined spaced intervals that allow the user to tear off one or more sections to achieve a cover of a desired size or in flat sheets.